



Rattlesden Cof E Primary Academy
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25th June 2021

Dear Parents,

Please find below further details for our (now extended) Activity Week.

Monday 5th July – Bradfield Woods

We would like parents to provide transport to and from the woods. Children should arrive at 9.50am (we will register at the woods so children do not need to come into school beforehand), and collection time is 3pm from the woods. Children will need a packed lunch, water bottle, long trousers, closed shoes (not sandals), t-shirts are fine. Please pack for the weather i.e. suncream, sun hat, raincoat.

Tuesday 6th July – High Lodge, Thetford

Our day at High Lodge starts at 10am so we need to leave promptly – please be at school for 8.45am. Activities there include Treetop Adventure Plus, Gorilla Games (ground-based team games) and an Outdoor Escape Room. Children will need a packed lunch, water bottle, suncream, sunhat, raincoat if rain is likely. We suggest the children wear something you don't mind getting grubby – footwear should be trainers. Please tie back long hair and make sure stomach area is covered to prevent the harness rubbing. The children may wish to bring a pair of gloves for the Treetop Adventure.

Once the activities are finished at 2pm we hope to have some more games and get an ice-cream/lolly – the children will need to bring a purse and coins for this.

We are signing a risk acknowledgement and disclaimer for all the children for these activities. This disclaimer asks us to confirm that we have authority from the child's parent to sign this consent form. You will have consented to the trip and activities on schoolcomms, however please do let us know by return of email if you have any questions or concerns on this.

We will leave High Lodge at 3.30pm and children will be back at school to be collected at approximately 4.15pm.

Wednesday 7th July – Rattlesden Pavilion

Team Games and an ice-cream/snack from the village shop – please bring money in a named purse. Children will need a water bottle and should wear PE kit.

Monday 12th July – Archery Session

This will take place at school in the afternoon. Children should wear PE kit.

Wednesday 14th July - Alton Water, Ipswich

Our activities at Alton Water start at 10am so we need to leave promptly – please be at school for 8.45am. We have raft building and kayaking sessions booked. The children will need a packed lunch, water bottle, sun cream, hat etc and should wear PE kit. Suitable footwear will be needed for the activities such as trainers, plimsolls, wetshoes – Crocs and similar are not suitable. Alton Water will provide wetsuits, helmets and buoyancy aids – the children will need to wear a swimming costume/shorts under the wetsuit.

We will leave Alton Water to return in time for normal school pick up.

Thursday 15th July – BMX Session

This will take place at school in the morning. Children should wear PE kit.

I hope the children are looking forward to some new and exciting experiences! We would politely remind you to consent and make payment via schoolcomms by the end of next week.

Do get in touch if you have any questions.

With kind regards,

Mrs Sharma and Mr Vaughton