

Believe

Rattlesden C of E Primary Academy
Shine Together 'I can do all things through Christ who strengthens me.' Philippians 4:13

RSE Objectives, vocabulary and subjects

EYFS

RSE specific within KAPOW	Science	Vocabulary
Family and Relationships	Non-stat / guidance	
Name and describe the different members of our families.		
To understand that all families are valuable and special.	Pupils should have plenty of opportunities to learn the names	
To know that we share toys so that everyone feels involved and no one feels	of the main body parts (including head, neck, arms, elbows,	
left out or upset.	legs, knees, face, ears, eyes, hair, mouth, teeth)	
To understand that different people like different things.		
To understand that all people are valuable.		
To know that it is important to help, listen and support others when working		
as a team.		
To know that it is important to tell the truth.		

Year 1

RSE specific within KAPOW	Science	Vocabulary
Family and Relationships	Non-stat / guidance	
To understand that families look after us.		
To know some words to describe how people are related (eg. aunty, cousin).	Pupils should have plenty of opportunities to learn the names	
To know that some information about me and my family is personal.	of the main body parts (including head, neck, arms, elbows,	
To understand some characteristics of a positive friendship.	legs, knees, face, ears, eyes, hair, mouth, teeth)	
To understand that friendships can have problems but that these can be		
overcome.		
To know that it is called stereotyping when people think of things as being 'for		
boys' or 'for girls' only.		

Year 2

RSE specific within KAPOW	Science	Vocabulary
Family and Relationships	Notice that animals, including humans, have offspring which	Penis
To know that families can be made up of different people.	grow into adults	Testicles / testes
To know that families may be different to my family		Vulva
To know some problems which might happen in friendships.	Find out about and describe the basic needs of animals,	Vagina
To understand that some problems in friendships might be more serious and	including humans, for survival (water, food and air)	
need addressing.		
To understand some ways people show their feelings.	Describe the importance for humans of exercise, eating the	
To understand what good manners are.	right amounts of different types of food, and hygiene	
To understand some stereotypes related to jobs		
To know that there are ways we can remember people or events.	Non-stat / guidance	
	They should also be introduced to the processes of	
Safety and the changing body	reproduction and growth in animals. The focus at this stage	
To know the names of parts of my body including private parts.	should be on questions that help pupils to recognise growth;	
	they should not be expected to understand how reproduction	
	occurs	
	Growing into adults can include reference to baby, toddler,	
	child, teenager, adult.	
	Pupils might work scientifically by: observing, through video	
	or first-hand observation and measurement, how different	
	animals, including humans, grow; asking questions about	
	what things animals need for survival and what humans need	
	to stay healthy; and suggesting ways to find answers to their	
	questions.	
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Year 3

RSE specific within KAPOW	Science	Vocabulary
Family and Relationships		
To know that I can talk to trusted adults or services such as Childline if I		
experience family problems.		
To know that bullying can be physical or verbal.		
To know that bullying is repeated, not a one off event.		
To know that violence is never the right way to solve a friendship problem		
To know that trust is being able to rely on someone and it is an important		
part of relationships.		
To know the signs of a good listener.		
To understand how to listen carefully and why listening is important.		
To understand that there are similarities and differences between people.		
To understand some stereotypes related to age.		

Year 4

RSE specific within KAPOW	Science	Vocabulary
Family and Relationships		Puberty
To know that families are varied in the UK and across the world.		Breasts
To understand the different roles related to bullying including victim, bully and		Genitals
bystander.		
To understand that everyone has the right to decide what happens to their		
body.		
To understand the courtesy and manners which are expected in different		
scenarios.		
To understand some stereotypes related to disability.		
To know that bereavement describes the feeling someone might have after		
someone dies or another big change in their lives.		
Safety and the changing body		
The changing adolescent body (puberty)		
- To understand the physical changes to both male and female bodies		
as people grow from children to adults.		

Year 5

RSE specific within KAPOW	Science	Vocabulary
Family and relationships	Pupils should be taught to describe the changes as	Menstruation /
To know that marriage is a legal commitment and is a choice people can make.	humans develop to old age.	period
To know that if I have a problem, I can call ChildLine on 0800 1111.		Cervix
To know what attributes and skills make a good friend.	Non-stat / guidance	Clitoris
To understand what might lead to someone bullying others.	Pupils should draw a timeline to indicate stages in	Egg / ova
To know what action a bystander can take when they see bullying.	the growth and development of humans. They	Ejaculation
To understand that positive attributes are the good qualities that someone has.	should learn about the changes experienced in	Erection
To know that stereotypes can be unfair, negative and destructive.	puberty	Fallopian tube
To know that discrimination is the unfair treatment of different groups of people,		Labia
especially on the grounds of race, age, sex, or disability.		Nipples
		Ovary / ovaries
Safety and the changing body		Pubic hair
The changing adolescent body (puberty, including menstruation)		Scrotum
- To understand the process of the menstrual cycle.		Sperm duct
- To know the names of the external sexual parts of the body and the internal		Urethra
reproductive organs.		Uterus
- To know that puberty happens at different ages for different people.		Vaginal opening
		Voice breaking
		Wet
		Womb

Year 6

RSE specific within KAPOW	Science	Vocabulary
Family and Relationships		Conception
To know that a conflict is a disagreement or argument and can occur in friendships.		Fertilisation
To understand the concepts of negotiation and compromise.		Pregnant
To understand what respect is.		Sexual intercourse
To understand that everyone deserves respect but respect can be lost.		Sperm
To understand that stereotypes can lead to bullying and discrimination.		
To understand that loss and change can cause a range of emotions.		
To know that grief is the process people go through when someone close to them dies.		
Safety and the changing body		
The changing adolescent body (puberty, conception, birth)		
- To understand how a baby is conceived and develops.		