



**Rattlesden Cof E Primary Academy**  
**Rattlesden, Bury St Edmunds, Suffolk, IP30 OSE**  
**Telephone: 01449 736335**  
**Email: [admin@rattlesdenprimaryschool.co.uk](mailto:admin@rattlesdenprimaryschool.co.uk)**  
**Twitter: @RattlesdenPS**  
**Headteacher: Mrs Helen Ballam**

---

7<sup>th</sup> February 2024

Dear parents,

Swimming for Year 3 children will commence after Easter on Monday mornings. The first session will be on Monday 15<sup>th</sup> April and will continue throughout the term with the final session on Monday 15<sup>th</sup> July.

Children will need to bring with them a towel and swimming costume in a named plastic carrier bag or swimming bag. Girls should wear a swimming costume (no bikinis or tankinis) and boys should wear swimming trunks (no baggy board shorts or all in one suits). No shoes are allowed on poolside due to Leisure Centre rules. All children will need to wear a swimming cap. No jewellery should be worn, including earrings or sleepers and these will need to be removed before school. All swimming clothes and school clothes must be clearly named.

If you wish your child to wear goggles, please note that they must be able to take care of them independently. It is strongly recommended that goggles should **not** be worn by less confident and non-swimmers. It is considered that part of the learning to swim experience is for a child to be able to deal with splashing in the face and the ability to open his/her eyes whilst the face is immersed and swim under water with confidence. Certainly, these attributes would improve the child's ability to cope in a water related incident in a canal, pond or river.

The lesson is from 10.30am-11am and we will return to school in time for normal lunch arrangements.

We would be most grateful for parent volunteers to accompany the children on a rota basis. If you are able to help, please let the office know.

We are looking forward to this important part of the curriculum and would remind you that children can only be excused from this activity on medical grounds.

Please let me know if you have any questions.

Yours sincerely

Mrs Ling