



**Rattlesden Cof E Primary Academy**  
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**Headteacher: Mrs Helen Ballam**

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8<sup>th</sup> January 2024

Dear parents,

We have been working with the other schools in the Thedwastre Trust to update our RSE (Relationship and Sexuality Education) policy, a copy of which is attached. To further ensure that the statutory content we teach meets DfE requirements, we follow a certified scheme called Kapow. This was introduced in September 2023. I have attached the guidance for parents provided by this scheme.

As a school we want to ensure that we provide our pupils with all the skills necessary for them to develop as healthy, confident individuals. As part of our core curriculum, RSE plays a part in securing this hope for all our children. The information within this letter informs you as to what RSE looks like at our school, to help you better understand the purpose of this element of the Curriculum within the Primary setting.

What is RSE?

All children should have the right to access information that keeps them safe from harm. This includes learning about healthy and safe relationships (family, friends, society etc.), and keeping safe online and offline; raising concerns with adults where this is appropriate. RSE is designed to safeguard all our children, supporting them to develop knowledge, skills and behaviours that will assist in protecting them throughout their lives. The skills and knowledge that is taught to pupils is always developmentally appropriate to the age of the child being taught.

It should be clear that RSE does not simply mean 'Sex Education' as can often be misunderstood, rather developing an understanding of what healthy relationships are and using this understanding to stay safe. Learning in RSE will also include recognising, understanding and speaking about all forms of discrimination, violence, abuse and neglect and to seek support and advice on a range of issues from trusted sources.

Further information about how RSE is taught in our School can be found in the documents attached. These outline the content of what is taught in each year group via Kapow, and also school documentation. This information can also be viewed on our school website. We do adapt what is taught to the character and maturity of the children in our classes, with sensitivity, discretion and care.

I hope this information is helpful and clear. If you do have anything you would like to discuss, please make an appointment to meet with the class teacher in the first instance.

Kind regards,

Mrs Ballam